

University Health Center



About the University Health Center

The University Health Center located in the Student Success Center in the north area of campus provides services to all students currently enrolled at JMU. The UHC provides expert medical care, innovative health education programs and valuable resources for self-care – all provided in a state-of-the-art facility by a team of board certified physicians, nurse practitioners, physician assistants, nurses, dietitians, pharmacists, professional health educators, substance abuse prevention specialists and other professional staff.

The UHC is open during regular university business hours Monday through Friday. For after-hours care, Sentara Rockingham Memorial Hospital or one of the three urgent care centers in Harrisonburg have extended hours.

Cost

There is no charge for enrolled students to visit the Health Center throughout the year. However, a few services, like lab tests and specialty procedures, require a nominal charge.

Confidentiality

Medical services and advocacy are confidential. The University Health Center does not disclose information to anyone without written consent from the student, except as required by law.

Visit jmu.edu/healthcenter for more information about University Health Center programs and services.

Medical Services

- **General Medicine** is staffed by physicians, nurse practitioners and physician assistants, and deals with a wide range of college health issues. Appointments can be made online or over the phone.
- **Urgent Care** is staffed by an emergency medicine physician and deals with acute medical issues and injuries that do not require a visit to the local emergency room.
- **GYN Clinic** focuses on college women's health issues and contraception options.
- **Nurse Clinic** provides allergy and vaccine injections and other nurse procedures.
- **Pharmacy** fills prescriptions and carries a variety of over-the-counter medical products. There is also a self-care station with helpful tips regarding care for the most common illnesses.
- **Nutrition Services** offers nutrition counseling from our registered dietitian, helping students create a tailored nutrition plan that fits their lifestyle and achieve their personal health goals in a supportive and encouraging environment.

Health Center FAQs

Will your pharmacy fill or refill prescriptions from a home medical provider?

Our pharmacy can fill or refill some prescriptions written by an off campus medical provider. The UHC pharmacy does not carry controlled medications (such as Adderall or narcotics.)

What do students do if they get sick?

Learning to implement self-care and understanding when it's appropriate to seek medical care is an important part of a young adult's life. To assist in this understanding, we strongly encourage students to utilize our available self-care resources; these resources are for self-limited illnesses (conditions that are healed by the body's immune system and can be treated at home without seeing a medical provider).

Can students get their lab work done at the UHC?

Yes, students can either upload their orders to MyJMUChart, or they can be faxed to our Health Information department for review and approval. Once reviewed, students will receive a secure message through MyJMUChart regarding approval. If approved, the student can then call the Health Center for an appointment and to verify costs. All results will be sent to the ordering medical provider.

Does the UHC bill insurance?

We do not bill insurance. There is no fee to see a UHC medical provider. Some of our services have nominal fees, but generally, our costs are kept to a minimum.

For more information, contact
University Health Center
Student Success Center
540-568-6178 • jmu.edu/healthcenter